

For an up to date summary of all stop smoking medicines see NCSCCT website at <https://www.ncsct.co.uk/publications/topCategory/stop-smoking-aids> and <https://www.ncsct.co.uk/publications/stop-smoking-medications-quick-reference>.

### Nicotine Replacement Therapy (NRT)

Local Authority	Service contacts	NRT supply arrangement
County Durham	Smokefree County Durham: <a href="https://www.smokefreecountydurham.co.uk/">https://www.smokefreecountydurham.co.uk/</a>  Online referral: <a href="https://www.smokefreecountydurham.co.uk/professional-referral/">https://www.smokefreecountydurham.co.uk/professional-referral/</a>	NRT is supplied by the Stop Smoking Service by eVoucher, dispensed by community pharmacies in County Durham.
Darlington	Darlington Stop Smoking Hub: <a href="https://darlingtonstopsmokinghub.org.uk/">https://darlingtonstopsmokinghub.org.uk/</a>  Online referral: <a href="https://darlingtonstopsmokinghub.org.uk/referrals/">https://darlingtonstopsmokinghub.org.uk/referrals/</a>	NRT is supplied by the Stop Smoking Service by eVoucher, dispensed by community pharmacies in Darlington.
North Cumbria	Smokefree Cumbria: <a href="https://legacy.cumberland.gov.uk/healthandwellbeing/stopsmoking.asp">https://legacy.cumberland.gov.uk/healthandwellbeing/stopsmoking.asp</a>  To find local service: Text "pharmacy stop your postcode" to 80011	NRT is currently provided by Direct Supply via a medication protocol
Northumberland	Stop Smoking Northumberland: <a href="https://www.stopsmokingnorthumberland.co.uk/">https://www.stopsmokingnorthumberland.co.uk/</a>  Contact information: <a href="mailto:stopsmokingservice@northumberland.gov.uk">stopsmokingservice@northumberland.gov.uk</a>	NRT is supplied by the Stop Smoking Service by Voucher, dispensed by community pharmacies in Northumberland
North Tyneside	North Tyneside Stop Smoking Support: <a href="https://my.northtyneside.gov.uk/category/597/quitting">https://my.northtyneside.gov.uk/category/597/quitting</a>  Contact Information: <a href="mailto:stopsmoking@northtyneside.gov.uk">stopsmoking@northtyneside.gov.uk</a>	NRT is supplied by the Stop Smoking Service by Voucher, dispensed by community pharmacies in North Tyneside
Newcastle	Newcastle Stop Smoking + Service: <a href="https://www.changegrowlive.org/stop-smoking-plus-service-newcastle/home">https://www.changegrowlive.org/stop-smoking-plus-service-newcastle/home</a>  Online referral: <a href="https://www.changegrowlive.org/stop-smoking-plus-service-newcastle/contact">https://www.changegrowlive.org/stop-smoking-plus-service-newcastle/contact</a>	NRT is supplied by the Stop Smoking Service by eVoucher, dispensed by community pharmacies in Newcastle
Gateshead	Smokefree Gateshead: <a href="https://www.gateshead.gov.uk/article/6152/Smokefree-Gateshead">https://www.gateshead.gov.uk/article/6152/Smokefree-Gateshead</a>  Contact information: <a href="mailto:smokefree@gateshead.gov.uk">smokefree@gateshead.gov.uk</a>	NRT is supplied by the Stop Smoking Service by eVoucher, dispensed by community pharmacies in Gateshead
Sunderland	Sunderland Stop Smoking Service: <a href="http://www.sunderlandstopsmokingservice.co.uk">www.sunderlandstopsmokingservice.co.uk</a>  Online referral: <a href="https://sunderlandstopsmokingservice.co.uk/professional-referral/">https://sunderlandstopsmokingservice.co.uk/professional-referral/</a>	NRT is supplied by the Stop Smoking Service by Voucher, dispensed by community pharmacies in Sunderland

South Tyneside	South Tyneside Stop Smoking support: <a href="https://www.southtyneside.gov.uk/article/3119/Support-to-quit-smoking">https://www.southtyneside.gov.uk/article/3119/Support-to-quit-smoking</a>  Online referral: <a href="https://www.southtyneside.gov.uk/article/8690/Change-4-Life-Stop-smoking-referral">https://www.southtyneside.gov.uk/article/8690/Change-4-Life-Stop-smoking-referral</a>	NRT is supplied by the Stop Smoking Service by eVoucher, dispensed by community pharmacies in South Tyneside
Hartlepool	(currently tendering for new service)	
Stockton	Stockton Specialist Stop Smoking Service: <a href="https://www.nth.nhs.uk/services/stop-smoking-service/">https://www.nth.nhs.uk/services/stop-smoking-service/</a>  Online referral: <a href="https://www.nth.nhs.uk/services/stop-smoking-service/smoking-referral-form/">https://www.nth.nhs.uk/services/stop-smoking-service/smoking-referral-form/</a>	NRT is supplied by the Stop Smoking Service by both FP10 issued vi Nurse Prescribers and by Voucher, dispensed by community pharmacies across Middlesbrough, Redcar & Cleveland
Middlesbrough	South Tees Stop Smoking Service: <a href="https://www.stopsmokingsouthtees.co.uk/want-to-quit/">https://www.stopsmokingsouthtees.co.uk/want-to-quit/</a>	NRT is supplied by the Stop Smoking Service by both FP10 issued vi Nurse Prescribers and by eVoucher, dispensed by community pharmacies across Middlesbrough, Redcar & Cleveland
Redcar & Cleveland	Online referral: <a href="https://www.stopsmokingsouthtees.co.uk/want-to-quit/referral/">https://www.stopsmokingsouthtees.co.uk/want-to-quit/referral/</a>	

All local Stop Smoking Service details also available via [Freshquit.co.uk](https://www.freshquit.co.uk)

Please also note:

- The national community pharmacy Smoking Cessation Service which supplies NRT following a secondary care referral and discharge from hospital (<https://cpe.org.uk/national-pharmacy-services/advanced-services/smoking-cessation-service/>).
- There is a ICB wide e-voucher scheme in operation to enable provision of NRT maternity Tobacco Dependency Treatment service (<https://www.cpnc.org.uk/locally-commissioned-services/integrated-care-system-services/>).
- All NHS Inpatient Tobacco Dependency Treatment Services across NENC (both in Acute & Mental Health settings) are fully established.

### **Bupropion, Varenicline, Cytisine**

The medium-term intention is for all Stop Smoking Services to supply (either via prescribing or PGD).

However, in the short term, GP practices may get requests to prescribe these medications with ongoing monitoring and support being provided by the Stop Smoking Service as part of the quit attempt.